



SUMMER GOLF CAMP

Golf Teaches Life Skills

At The Golfer's Academy we teach how to Train, Practice Play Golf The Right Way!

Monday	Tuesday	Wednesday	Thursday	Friday
RESPECT	FOCUS	HONESTY	PERSEVERENCE	SPORTSMANSHIP
Golf Safety Overview Warm-up (Stretching) Learn about the Grip, Stance, & Swing Dynamics - for Putting One on One and group Putting Instruction	Golf Safety Overview Warm-up (Stretching) Learn about proper grip, posture, ball position and alignment for chipping and short game techniques One on One and group Chipping Instruction	Golf Safety Overview Warm-up (Stretching) Learn about proper grip, posture, ball position and alignment for The Pitch shot PW - 7 Iron One on One and group Iron game Instruction	Golf Safety Overview Warm-up (Stretching) Learn about proper grip, posture, ball position and alignment for The Long Game Hybrids, Woods and Driver One on One and group Long Game (Woods & Driver) Instruction	Golf Safety Overview Warm-up (Stretching) Assessment Testing Day Assess all students on 4 main types of shots in golf.
LUNCH - Movie Time	LUNCH - Movie Time	LUNCH - Movie Time	LUNCH - Movie Time	LUNCH - Movie Time
Learn about golf etiquette Life Skill of day - RESPECT Review Respect and what it means on the course and in life. Putt Off Competition - Putt off team event	Learn The Golf Lingo Life Skill of day - FOCUS Review of what Focus means on and the golf course. Chipping competition closest to the pin	Rules of Golf Life Skill of day - HONESTY Review of what Honesty means on and the golf course. Iron Competition hit the bullseye - most points wins (team event)	Types of clubs and when to use them Skill of day PERSERVERENCE Review of what this means on and the golf course. Long Drive competition - Its not Always about distance (how accurate are you)	Safety on the golf course Skill of day SPORTSMANSHIP Review of what it means on and the golf course. Play 9 holes of Golf on Simulator - using the skills from the week.

*** Every student will be given a Trackman account so they can view videos and details of their swings online at home. ***